

Video Recording - Self-Reflection

Complete this form after viewing lesson on video.

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Group Taught: Pioneer HS

Date of Lesson: 2/11/18

Focus/Goal of Lesson: Rhythmic integrity in Jupiter

1. In this lesson excerpt, **what exemplifies you at your best in the classroom?** In other words, why would a job search committee hire you based on this lesson?

This lesson is a good example of pacing and sequencing. This group needs everything broken down for them in a way that keeps the class moving while adding new skills at a slow rate. I do things like isolate specific skills, model, break down into short sections, call on different groups, and use rhythmic instruction to achieve that in this video.

2. Working with the assumption that there's always room for improving practice, **what is one aspect of your teaching you intend to work on after watching the video?** What action steps will you take to make that happen? How will you assess your growth in that area? (for example, self-reflection via video, journaling, feedback from mentor teacher? supervisor? students? peers? Etc.)

Short term:

I would like to always give some kind of short instruction when I have students repeat things. I can practice short phrases that do not interrupt the flow as well as get feedback from my mentor teacher to see if it is improving.

Long term:

I would also like to model the energy I want them to have with my body language. My violin was kind of lazy in posture and I should get off the stool to teach this kind of thing, or at least have strong posture. My voice is getting better, but I can still work to vary the inflection of my voice more to keep the students engaged.

